

# FACTS

- 70% of mental health problems have their onset during childhood or adolescence
- 1 in 5 kids in schools today have a mental health disorder
- 73% of teachers agreed that anxiety disorders were a pressing concern
- Canada ranks 9th out of 16 peer countries on innovation
- Over 1500 global CEOs rank creativity as the single most important employee attribute
- Unstructured play has proven cognitive benefits

**Healthy Children Are Innovators**

**FROM ONE-SIZE-FITS-ALL TO PUBLIC EDUCATION FOR ALL**

## GET IN TOUCH

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**THINKING  
DIFFERENTLY  
ABOUT CHANGE**

**UNITING FOR  
CHILDREN AND  
YOUTH**

# QUESTIONS?

Are today's schools optimizing my child's physical and mental well-being?

Are my child's educational needs being met?

Are we fostering innovative and creative thinking in our schools?

Is my child being prepared for the jobs of tomorrow?



## SUPPORTING CHILDREN'S WELL-BEING

Shifting away from a one-size-fits-all approach and supporting the well-being and educational success of students needs to be made a priority.

Formal scheduling, dividing the school day into fixed chunks of time, is the single greatest obstacle to educational innovation and it kills creativity.

Urge your politicians to support public school programs that eliminate the bells, allow more freedom to move, and provides more time for outdoor play.

**It's time to make real change happen.**



## WHAT CAN I DO?

### SPEAK OUT!

- Rally your contacts
- Ask your politicians: What are YOUR answers to the QUESTIONS?

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